

EL CENTRO CLUBHOUSE—FIRST FLOOR

Montecito Santa Fe Concierge Desk  
505-428-7777

MONTECITO  
SANTA FÉ  
*The Art of Santa Fé Living*

September's  
Event Calendar

<p><b><u>Friday, September 1<sup>st</sup></u></b>  9:00 News Room – LS  10:00 Walk About – EC  11:00 Drumming to the Music – AR  1:00 <b>Mariposa Kids – LS</b>  1:30 Mahjong – S  3:00 <b>Katie's Activity Hour – LS</b>  6p-8p <b>The Crooners in Starlight Lounge</b></p>	<p><b><u>Monday, September 4<sup>th</sup></u></b></p>  <p><b>12p – 2p Labor Day Lunch – Specials at Garbo's Restaurant (Please RSVP w/ Concierge)</b></p>
<p><b><u>Saturday, September 2<sup>nd</sup></u></b>  9a-4p Art Studio is Open</p> <p><b>10:00 Outlet Mall Outing (Must RSVP w/ Activities)</b></p> <p>- While Activities Assistant is on-site, please come to the Art Room for that day's activity options</p>	<p><b><u>Tuesday, September 5<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Sittercise – AR  11:00 Studio Art Hour – AR  1:30 Flower Arranging – AR  2:30 Black Jack – S  3:30 <b>Alice the Therapy Dog - LS</b></p>
<p><b><u>Sunday, September 3<sup>rd</sup></u></b>  9a-4p Art Studio is Open</p> <p><b>10:00 Spanish Colonial Museum <i>Mirror Mirror: Photographs of Frida Kahlo</i> (Must RSVP w/ Activities)</b></p> <p>1:30 Mahjong Club – S</p> <p>- While Activities Assistant is on-site, please come to the Art Room for that day's activity options</p>	<p><b><u>Wednesday, September 6<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Walk About – EC  11:00 Manicure Hour – AR  <b>11:30 Mahjong Club – S &amp; OW</b>  1:30 Beginning Scrabble – AR  <b>2:30 Happy Hour: Jim Fox/Piano – SL</b>  3:30 Billiards – GR  5:30p Scrabble Club – S</p>

**AR:** Art Room 2<sup>nd</sup> Floor    **OW:** Oscar Wilde    **GR:** Game Room  
**C:** Capote Library    **EC:** El Centro Lobby    **BLUE:** Special Guest  
**BJK:** Fitness Center    **S:** Sahara Room    **RED:** Outings  
**SL:** Starlight Lounge    **LS:** La Sala 2<sup>nd</sup> Floor    **BLK:** Regularly Scheduled Activities

**Personal Notes & Reminders**

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**Activities Suggestions**

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**MAROON:** Starlight Lounge Live Music Series by Linda Krauss  
Outings require **RSVP** and a minimum of four sign ups.  
Please **RSVP** with the Life Enrichment Department 505-428-7792

**Concierge/Front Desk**

505-428-7777

sfconcierge@lifehousehs.com

**Call the concierge to be directed to any of the departments**

Edgar Ortiz, Executive Director  
edgarortiz@lifehousehs.com

Linda Krauss, Human Resources Director  
lkrauss@lifehousehs.com

Rachael Hemann, Community Relations  
rhemann@lifehousehs.com

Larry Sweat, Environmental Director  
lsweat@lifehousehs.com

Chris Atencio, Housekeeping Director  
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Arnold Arvizo, Chef  
aarvizo@lifehousehs.com

Michael Brown, Fitness & Spa Director  
mbrown@lifehousehs.com

Kathy Olson, Wellness Director  
kolson@lifehousehs.com

Lorena Alvarez, Life Enrichment Director  
lalvarez@lifehousehs.com

Scheduling a Van appointment 577-7303

**Thursday, September 7<sup>th</sup>**

9:00 News Room – LS  
10:00 Reflective Journeys: Megan – AR  
11:00 Fam Jam – OW  
1:30 BINGO! – S  
2:30 Texas Hold'em Poker – S  
3:30 Lecture w/ Lena: *Skin Type – Essential Oils for Aging Skin*  
6p-8p D'Santi Nava/Flamenco  
Guitar in Starlight Lounge

**Friday, September 8<sup>th</sup>**

9:00 News Room – LS  
10:00 Walk About – EC  
11:00 Drumming to the Music – AR  
1:00 Mariposa Kids – LS  
1:30 Clay Class: Greta – AR  
1:30 Mahjong – S  
3:00 Katie's Activity Hour – LS  
6p-8p The Jeff Sand Band in  
Starlight Lounge

**Saturday, September 9<sup>th</sup>**

9a-4p Art Studio is Open  
10:00 Farmer's Market Outing  
7p-9p Hot Jazz w/ Brenda &  
Equinox in the Starlight Lounge  
  
- While Activities Assistant is on-site, please come  
to the Art Room for that day's activity options

**Sunday, September 10<sup>th</sup>**



9:00 Santa Maria De La Paz Church  
Outing (Must RSVP w/ Activities)  
12p – 2p Grandparents Day Lunch –  
Specials at Garbo's Restaurant  
(Please RSVP w/ Concierge)  
1:30 Mahjong Club – S

**Monday, September 11<sup>th</sup>**

9:00 News Room – LS  
10:00 Walk About – EC  
11:00 Mexican Train Dominos – AR  
1:00 Monday Movie Madness:  
*Above & Beyond* – OW  
3:30 Ice Tea Social – C

**Tuesday, September 12<sup>th</sup>**

9:00 News Room – LS  
10:00 Folk Art Museum Docent,  
Jerry Lieberman, presents:  
*Tramp Art* – OW  
11:00 Studio Art Hour – AR  
1:30 Flower Arranging – AR  
2:30 Lecture: *ALZ, Prevention  
Through Diet* – OW  
3:30 Alice the Therapy Dog - LS

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**GR:** Game Room

**BLUE:** Special Guest

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**MAROON:** Starlight Lounge Live Music Series by Linda Krauss

Outings require RSVP and a minimum of four sign ups.

Please RSVP with the Life Enrichment Department 505-428-7792

<p><b><u>Wednesday, September 13<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Walk About – EC  11:00 Manicure Hour – AR  1:30 Beginning Scrabble – AR  2:30 Happy Hour: Ukulele  Sing-O-Long – SL  3:30 Billiards – GR  5:30p Scrabble Club – S</p>	<p><b><u>Saturday, September 16<sup>th</sup></u></b>  9a-4p Art Studio is Open</p> <p>2:30 Baskin Robbins  Ice Cream Outing  (Must RSVP w/ Activities)</p> <p>- While Activities Assistant is on-site, please come to the Art Room for that day's activity options</p>
<p><b><u>Thursday, September 14<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Sittercise – AR  11:00 Fam Jam – OW  1:30 BINGO! – S  2:30 Texas Hold'em Poker – S  3:30 Lecture w/ Lena: <i>Fragile Areas: Essential Oils for the Eyes and Lips</i> - OW  No Music but the Bar is Open</p>	<p><b><u>Sunday, September 17<sup>th</sup></u></b>  9a-4p Art Studio is Open</p> <p>1:30 Santa Fe Vintage Car Club  on the Plaza (FREE)  (Must RSVP w/ Activities)</p> <p>1:30 Mahjong Club – S</p> <p>- While Activities Assistant is on-site, please come to the Art Room for that day's activity options</p>
<p><b><u>Friday, September 15<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Walk About – EC  11:00 Drumming to the Music – AR  1:00 Mariposa Kids – LS  1:30 Mahjong – S  2:30 Mass w/ Father Duncan – OW  6p-8p The Jazzbians  in Starlight Lounge</p>	<p><b><u>Monday, September 18<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Walk About – EC  11:00 Mexican Train Dominos – AR  12:00 Men's Lunch Bunch –  Garbo's (Must RSVP)  1:00 Monday Movie Madness:  <i>Beauty &amp; The Beast (1991)</i> – OW  3:30 Ice Tea Social – C</p>

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<p><b><u>Thursday</u></b>  10:00a – 4:00p Open Gym</p> 
<p><b><u>Friday</u></b>  10:00a Morning Chair Fitness  11:00a Tai Ji Quan  1:00p – 4:00p Open Gym</p>
<p><b><u>Saturday</u></b>  10:00a Morning Chair Fitness  11:00a Advance Mobility &amp; Strength  1:00p – 4:00p Open Gym</p>

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# Weekly Fitness Schedule

## Monday

10:00a - 4:00p Open Gym

5:00p Strength & Mobility Class

## Tuesday

10:00a - 4:00p Open Gym

11:00a Yoga (fee paid directly to instructor)



## Wednesday

10:00a Morning Chair Fitness

11:00a Tai Ji Quan

1:00p – 4:00p Open Gym

## Tuesday, September 19<sup>th</sup>

9:00 News Room – LS

10:00 Sittercise – AR

11:00 Studio Art Hour – AR

1:30 Flower Arranging – AR

2:30 NM Museum of Art

Centennial Presentation – OW

3:30 Alice the Therapy Dog - LS

## Friday, September 22<sup>nd</sup>

9:00 News Room – LS

10:00 Walk About – EC

11:00 Drumming to the Music – AR

1:00 Mariposa Kids – LS

1:30 Clay Class: Greta – AR

1:30 Mahjong – S

3:00 Katie's Activity Hour – LS

6p-8p Swing Set in Starlight Lounge

## Wednesday, September 20<sup>th</sup>

9:00 News Room – LS

10:00 Walk About – EC

11:00 Manicure Hour – AR

11:30 Mahjong Club – S & OW

1:30 Beginning Scrabble – AR

2:30 Happy Hour: Michael/Americana  
Music on Guitar – SL

3:30 Billiards – GR

5:30p Scrabble Club – S

## Saturday, September 23<sup>rd</sup>

9a-4p Art Studio is Open

10:00 Northern NM Fine Arts  
Guild Judged Show at  
Cathedral Park (Final Show)  
(Must RSVP w/ Activities)

- While Activities Assistant is on-site, please come to the Art Room for that day's activity options

## Thursday, September 21<sup>st</sup>

9:00 News Room – LS

10:00 Sittercise – AR

11:00 Fam Jam – OW

12:00 Ladies Lunch Bunch –  
Garbo's (Must RSVP)

1:30 BINGO! – S

2:30 Classical Concert: Vineet on Violin – SL

3:30 Lecture w/ Lena: *Skin Cleanser:*  
Essential Oil for Cleansing – OW

6p-8p Hot Jazz w/ Brenda Funches &  
Equinox in the Starlight Lounge

## Sunday, September 24<sup>th</sup>

9a-4p Art Studio is Open

9:00 Santa Maria De La Paz  
Church Outing  
(Must RSVP w/ Activities)

1:30 Mahjong Club – S

- While Activities Assistant is on-site, please come to the Art Room for that day's activity options

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<p><b><u>Monday, September 25<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Walk About – EC  11:00 Mexican Train Dominos– AR  1:00 Monday Movie Madness:  <i>Arrival</i> – OW  3:30 Ice Tea Social – C</p>	<p><b><u>Thursday, September 28<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Sittercise – AR  11:00 Fam Jam – OW  1:30 BINGO! – S  2:30 Texas Hold'em Poker – S  3:30 Lecture w/ Lena: <i>Muscle &amp; Joint Pain: Essential Oils for Muscles &amp; Joints</i> – OW  6p-8p Ginny Walden in the Starlight Lounge</p>
<p><b><u>Tuesday, September 26<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Sittercise – AR  11:00 Studio Art Hour – AR  12:00 Birthday Luncheon – Garbo's (Must RSVP)  1:30 Flower Arranging – AR  2:30 Black Jack – S  3:30 Alice the Therapy Dog - LS</p>	<p><b><u>Friday, September 29<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Walk About – EC  11:00 Drumming to the Music – AR  1:00 Mariposa Kids – LS  1:30 Mahjong – S  3:00 Celtic Music on the Harp: Carol &amp; Darragh – SL  6p-8p Duo Rasminko in Starlight Lounge</p>
<p><b><u>Wednesday, September 27<sup>th</sup></u></b>  9:00 News Room – LS  10:00 Walk About – EC  11:00 Manicure Hour – AR  1:30 Beginning Scrabble – AR  2:30 Happy Hour: Raymond/ Jazz Piano – SL  3:30 Billiards – GR  5:30p Scrabble Club – S</p>	<p><b><u>Saturday, September 30<sup>th</sup></u></b>  9a-4p Art Studio is Open</p> <p><b>Regal Cinema Matinee Outing</b></p> <p>- While Activities Assistant is on-site, please come to the Art Room for that day's activity options</p>

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	<p><b><u>September's Birthdays</u></b>  Alexa Hirsh 9/4  Yessenia Ornelas 9/6  Mary Alice Chakoumakos 9/16  Verna Fredrickson 9/17  Ruth Tobias 9/20  Virginia Hall Smith 9/24  Diane Holbroch 9/25  Tom Willmott 9/30  - If you would like your Birthday to be posted please contact the Activities Department.</p>
<p><b>Dates, Times, and Locations are subject to change. Please contact the Life Enrichment Department at 505-428-7792 if you have any questions or would like to RSVP.</b></p>	
<p><b><u>Life Enrichment Department News &amp; Reminders</u></b></p> <ul style="list-style-type: none"> <li>- If you want to sign up for an activities outing, please do so with the Activities Department, not the Concierge. RSVPs are mandatory for the weekend outings.</li> <li>- If you would like to be invited for the Birthday Lunch during the month of your birthday, please ensure that Life Enrichment has your birthday on file. Thank you!</li> </ul>	

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