



EL CENTRO CLUBHOUSE—FIRST FLOOR

Montecito Santa Fe Concierge Desk
505-428-7777

MONTECITO
SANTA FÉ
The Art of Santa Fé Living

November's
Event Calendar

<p><u>Wednesday, November 1st</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Beginner Scrabble – AR 11:30 Mahjong Club – S & OW 1:00 Craft Group: Nancy – AR 2:30 Happy Hour: Jim Fox/ Piano – SL 3:30 Live Book Review – C 5:30p Scrabble Club – S</p>	<p><u>Saturday, November 4th</u> 9a-4p Art Studio is Open 10:00 SITE Santa Fe Museum (Must RSVP w/ Activities) 2:30 HBO TV Series: <i>The Young Pope</i> (S1:E4) – LS</p> <p>- While Activities Assistant is on-site, please come to the Art Room for that day's activity options</p>
<p><u>Thursday, November 2nd</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Fam Jam – OW 1:30 BINGO! – S 2:30 Texas Hold'em Poker – S 3:30 Manicure Hour – AR (AL Residents Only) 6p-8p Ukulele Lounge in Starlight Lounge</p>	<p><u>Sunday, November 5th</u> 9a-4p Art Studio is Open 11:00 Outlet Mall Outing (Must RSVP w/ Activities) 1:30 Mahjong Club – S 2:30 Ice Cream Social – SL</p> <p>- While Activities Assistant is on-site, please come to the Art Room for that day's activity options</p>
<p><u>Friday, November 3rd</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Lipstick Party w/ Lorri – C 1:00 Mariposa Kids – LS 1:30 Mahjong – S 1:30 Clay Class: Greta – AR 3:00 Katie's Activity Hour – LS 6p-8p Piano Bar with Phyllis Love in Starlight Lounge</p>	<p><u>Monday, November 6th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Mexican Train Dominos – AR 1:30 Monday Movie Madness: <i>Solace</i> – OW 3:30 Billiards – GR</p>

Personal Notes & Reminders

Activities Suggestions

AR: Art Room 2nd Floor **OW:** Oscar Wilde **GR:** Game Room
C: Capote Library **EC:** El Centro Lobby **BLUE:** Special Guest
BJK: Fitness Center **S:** Sahara Room **RED:** Outings
SL: Starlight Lounge **LS:** La Sala 2nd Floor **BLK:** Regularly Scheduled Activities

MAROON: Starlight Lounge Live Music Series by Linda Krauss
Outings require RSVP and a minimum of four sign ups.
Please RSVP with the Life Enrichment Department 505-428-7792

Concierge/Front Desk

505-428-7777 or 505-250-6301 (Cell)
sfconcierge@lifehousehs.com

Call the concierge to be directed to any of the departments

Edgar Ortiz, Executive Director
edgarortiz@lifehousehs.com

Linda Krauss, Human Resources Director
lkrauss@lifehousehs.com

Rachael Hemann, Community Relations
rhemann@lifehousehs.com

Larry Sweat, Environmental Director
lsweat@lifehousehs.com

Chris Atencio, Housekeeping Director
catencio@lifehousehs.com

Arnold Arvizo, Chef
aarvizo@lifehousehs.com

Michael Brown, Fitness & Spa Director
mbrown@lifehousehs.com

Kathy Olson, Wellness Director
kolson@lifehousehs.com

Lorena Alvarez, Life Enrichment Director
lalvarez@lifehousehs.com

Scheduling a Van appointment 577-7303

Tuesday, November 7th

9:00 News Room – LS
10:00 Sittercise – AR
11:00 Puzzle Hour – AR
1:30 Flower Arranging – AR
2:30 Black Jack – S
3:30 Open Studio – AR

Friday, November 10th

9:00 News Room – LS
10:00 Sittercise – AR
11:00 Drumming to the Music – AR
1:00 Mariposa Kids – LS
1:30 Mahjong – S
3:00 Katie’s Activity Hour – LS
6p-8p Brenda Funches & Equinox in Starlight Lounge

Wednesday, November 8th

9:00 News Room – LS
10:00 Sittercise – AR
11:00 Beginner Scrabble – AR
1:00 Craft Group: Nancy – AR
2:30 Happy Hour: Ukulele Sing-O-Long – SL
3:30 Live Book Review – C
5:30p Scrabble Club – S

Saturday, November 11th

9a-4p Art Studio is Open
8:30a Participation in the Veterans Day Parade (Must RSVP w/ Activities)
2:30 HBO TV Series: *The Young Pope* (S1:E5) – LS
- While Activities Assistant is on-site, please come to the Art Room for that day’s activity options

Thursday, November 9th

9:00 News Room – LS
10:00 Sittercise – AR
11:00 Fam Jam – OW
1:30 BINGO! – S
2:30 Texas Hold’em Poker – S
3:30 Manicure Hour – AR
6p-8p D’Santi Nava & Guest Vocalist in Starlight Lounge

Sunday, November 12th

9a-4p Art Studio is Open
9:00 Santa Maria De La Paz Church Outing (Must RSVP w/ Activities)
1:30 Mahjong Club – S
- While Activities Assistant is on-site, please come to the Art Room for that day’s activity options

AR: Art Room 2nd Floor

OW: Oscar Wilde

GR: Game Room

C: Capote Library

EC: El Centro Lobby

BLUE: Special Guest

BJK: Fitness Center

S: Sahara Room

RED: Outings

SL: Starlight Lounge

LS: La Sala 2nd Floor

BLK: Regularly Scheduled Activities

MAROON: Starlight Lounge Live Music Series by Linda Krauss
Outings require RSVP and a minimum of four sign ups.
Please RSVP with the Life Enrichment Department 505-428-7792

<p><u>Monday, November 13th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Mexican Train Dominos – AR 12:00 Men’s Lunch Bunch – Garbo’s (Must RSVP) 1:30 Monday Movie Madness: <i>Megan Leavey</i> – OW 3:30 Billiards – GR</p>	<p><u>Thursday, November 16th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Fam Jam – OW 12:00 Ladies Lunch Bunch – Garbo’s (Must RSVP) 1:30 BINGO! – S 2:30 Classical Concerto: Vineet/Violin – SL 3:30 Manicure Hour – AR (AL Residents) 6p-8p Jeff & Anita Hett in Starlight Lounge</p>
<p><u>Tuesday, November 14th</u> 9:00 News Room – LS 10:00 International Folk Art Museum Lecture with Pat Haueter – OW 11:00 Puzzle Hour – AR 12:00 Birthday Luncheon – Garbo’s (Must RSVP) 1:30 Flower Arranging – AR 2:30 Black Jack – S 3:30 Open Studio – AR</p>	<p><u>Friday, November 17th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Drumming to the Music – AR 1:00 Mariposa Kids – LS 1:30 Mahjong – S 1:30 Clay Class: Greta – AR 2:30 Mass with Father Duncan – OW 6p-8p The Jazzbians in Starlight Lounge</p>
<p><u>Wednesday, November 15th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Beginner Scrabble – AR 11:30 Mahjong Club – S & OW 1:00 Craft Group: Nancy – AR 2:30 Happy Hour: Kevin Whitcombe/ Guitar – SL 3:30 Live Book Review – C 5:30p Scrabble Club – S</p>	<p><u>Saturday, November 18th</u> 9a-4p Art Studio is Open 11:30 Red Lobster Lunch Outing (Must RSVP w/ Activities) 2:30 HBO TV Series: <i>The Young Pope</i> (S1:E6) – LS - While Activities Assistant is on-site, please come to the Art Room for that day’s activity options</p>

AR: Art Room 2nd Floor **OW:** Oscar Wilde **GR:** Game Room
C: Capote Library **EC:** El Centro Lobby **BLUE:** Special Guest
BJK: Fitness Center **S:** Sahara Room **RED:** Outings
SL: Starlight Lounge **LS:** La Sala 2nd Floor **BLK:** Regularly Scheduled Activities

<p><u>Thursday</u> 10:00a Strengthening & Balance 1 11:00a Strengthening & Balance 2 1:00p – 4:00p Open Gym</p>
<p><u>Friday</u> 10:00a Morning Chair Fitness 11:00a Tai Ji Quan 1:00p – 4:00p Open Gym</p>
<p><u>Saturday</u> 10:00a Morning Chair Fitness 11:00a Advance Mobility & Strength 1:00p – 4:00p Open Gym</p>

MAROON: Starlight Lounge Live Music Series by Linda Krauss
Outings require RSVP and a minimum of four sign ups.
Please RSVP with the Life Enrichment Department 505-428-7792

Weekly Fitness Schedule

Monday

10:00a - 4:00p Open Gym

5:00p Strength & Mobility Class

Tuesday

10:00a Strengthening & Balance 1

11:00a Strengthening & Balance 2

11:00a Yoga (fee paid directly to instructor)

1:00p – 4:00p Open Gym

Wednesday

10:00a Morning Chair Fitness

11:00a Tai Ji Quan

1:00p – 4:00p Open Gym

Sunday, November 19th

9a-4p Art Studio is Open

10:00 Cruise around Santa Fe
(Must RSVP w/ Activities)

1:30 Mahjong Club – S

- While Activities Assistant is on-site, please come to the Art Room for that day's activity options

Wednesday, November 22nd

9:00 News Room – LS

10:00 Sittercise – AR

11:00 Beginner Scrabble – AR

1:00 Craft Group: Nancy – AR

2:30 Happy Hour: Cathy/
Guitar – SL

3:30 Live Book Review – C

5:30p Scrabble Club – S

Monday, November 20th

9:00 News Room – LS

10:00 Sittercise – AR

11:00 Mexican Train

Dominos – AR

1:30 Monday Movie Madness:

Mad Hot Ballroom – OW

3:30 Billiards – GR

Thursday, November 23rd



12p – 2p Thanksgiving Buffet –
Garbo's (Must RSVP)

*Bar is Closed Tonight

Tuesday, November 21st

9:00 News Room – LS

10:00 Sittercise – AR

11:00 Puzzle Hour – AR

1:30 Flower Arranging – AR

2:30 Black Jack – S

3:30 Open Studio – AR

Friday, November 24th

9:00 News Room – LS

10:00 Sittercise – AR

11:00 Drumming to the

Music – AR

1:30 Mahjong – S

1:30 Netflix Movie:

Find Altamira – LS

6p-8p Half Broke Horses
in Starlight Lounge

AR: Art Room 2nd Floor

C: Capote Library

BJK: Fitness Center

SL: Starlight Lounge

OW: Oscar Wilde

EC: El Centro Lobby

S: Sahara Room

LS: La Sala 2nd Floor

GR: Game Room

BLUE: Special Guest

RED: Outings

BLK: Regularly Scheduled Activities

MAROON: Starlight Lounge Live Music Series by Linda Krauss

Outings require RSVP and a minimum of four sign ups.

Please RSVP with the Life Enrichment Department 505-428-7792

<p><u>Saturday, November 25th</u> 9a-4p Art Studio is Open (TBA) Regal Cinema Movie Outing</p> <p>2:30 HBO TV Series: <i>The Young Pope</i> (S1:E7) – LS</p>	<p><u>Tuesday, November 28th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Puzzle Hour – AR 1:30 Flower Arranging – AR 2:30 Black Jack – S 3:30 Open Studio – AR</p>
<p><u>Sunday, November 26th</u> 9a-4p Art Studio is Open 9:00 Santa Maria De La Paz Church Outing (Must RSVP w/ Activities) 1:30 Mahjong Club – S</p> <p>- While Activities Assistant is on-site, please come to the Art Room for that day's activity options</p>	<p><u>Wednesday, November 29th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Beginner Scrabble – AR 1:00 Craft Group: Nancy – AR 2:30 Happy Hour: Michael Sheppard/Guitar – SL 3:30 Live Book Review – C 5:30p Scrabble Club – S</p>
<p><u>Monday, November 27th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Mexican Train Dominos – AR 1:30 Monday Movie Madness: <i>Muppets Most Wanted</i> – OW 3:30 Billiards – GR</p>	<p><u>Thursday, November 30th</u> 9:00 News Room – LS 10:00 Sittercise – AR 11:00 Fam Jam – OW 1:30 BINGO! – S 2:30 Classical Concerto: Grisha/Piano – SL 3:30 Manicure Hour – AR (AL Residents) 6p-8p The Jeff Sand Band in Starlight Lounge</p>

AR: Art Room 2nd Floor **OW:** Oscar Wilde **GR:** Game Room
C: Capote Library **EC:** El Centro Lobby **BLUE:** Special Guest
BJK: Fitness Center **S:** Sahara Room **RED:** Outings
SL: Starlight Lounge **LS:** La Sala 2nd Floor **BLK:** Regularly Scheduled Activities

	<p><u>November's Birthdays</u></p> <table> <tr> <td>Roger Bergstrom 11/1</td> <td>Conrad Coffield 11/26</td> </tr> <tr> <td>Julia O'Malley 11/10</td> <td>Joan Montag 11/26</td> </tr> <tr> <td>Pat Kuhloff 11/10</td> <td>Dorothy Loeb 11/27</td> </tr> <tr> <td>Sheila Rosen 11/15</td> <td></td> </tr> <tr> <td>Jackie Bishop 11/22</td> <td></td> </tr> <tr> <td>Jaffa Spiro 11/26</td> <td></td> </tr> </table> <p>- If you would like your Birthday to be posted please contact the Activities Department.</p>	Roger Bergstrom 11/1	Conrad Coffield 11/26	Julia O'Malley 11/10	Joan Montag 11/26	Pat Kuhloff 11/10	Dorothy Loeb 11/27	Sheila Rosen 11/15		Jackie Bishop 11/22		Jaffa Spiro 11/26	
Roger Bergstrom 11/1	Conrad Coffield 11/26												
Julia O'Malley 11/10	Joan Montag 11/26												
Pat Kuhloff 11/10	Dorothy Loeb 11/27												
Sheila Rosen 11/15													
Jackie Bishop 11/22													
Jaffa Spiro 11/26													
<p>Dates, Times, and Locations are subject to change. Please contact the Life Enrichment Department at 505-428-7792 if you have any questions or would like to RSVP.</p>													
<p><u>Life Enrichment Department News & Reminders</u></p> <ul style="list-style-type: none"> - If you want to sign up for an activities outing, please do so with the Activities Department, not the Concierge. RSVPs are mandatory for the weekend outings. - If you would like to be invited for the Birthday Lunch during the month of your birthday, please ensure that Life Enrichment has your birthday on file. Thank you! 													

MAROON: Starlight Lounge Live Music Series by Linda Krauss
Outings require RSVP and a minimum of four sign ups.
Please RSVP with the Life Enrichment Department 505-428-7792